



PANSHANGER PRIMARY SCHOOL

Headteacher: Mrs Sarah Holt BEd (Hons).

5th November 2019

Dear Parents and Carers,

RSE teaching

As part of the school's Health Education programme and in line with Hertfordshire's recommended scheme of work for Personal, Social and Health Economic (PSHE) Education and new DFE regulations, your child will receive relationship and sex education (RSE) lessons during the year.

Nowadays, there is a vast amount of information about relationships and sex on the internet, on TV and in magazines which children and young people are exposed to. This can sometimes make an already confusing time seem even more complicated.

If students are provided with timely and age appropriate information about their bodies and relationships they can make their transition into adulthood with the confidence and knowledge to understand what is happening to them and hopefully grow into confident and healthy adults able to make positive choices.

Obviously the children may come home and have questions and want to discuss the information shared during these sessions. We have included a list of the specific and correct language that will be used within these sessions so that you are aware of the kinds of discussions that may take place.

Panshanger Primary School ran an evening information session by Karin Hutcheson (Herts for Learning Advisor) for parents and carers on Wednesday 18th September and the relevant information / Powerpoints are available on the school website under the parents tab. The school is committed to working in partnership with parents so please contact your child's teacher or Mrs Reed (SEND/CO/ DSP and PSHE Coordinator) if you require any further information.

Thank you for your co-operation.

Mrs Holt
(Head Teacher)

Mrs Reed
(SEND/CO/ DSP/ PSHE)

Panshanger Primary School

Daniells, WGC, Herts. AL7 1QY Tel: 01707 328846, Fax: 01707 393543, E-mail: admin@panshanger.herts.sch.uk

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Year group	Vocabulary	
Foundation Stage	<ul style="list-style-type: none"> - Boy - Girl - Routine - Clean 	<ul style="list-style-type: none"> - Washing - Family - Differences
KS1	Words included above and: <ul style="list-style-type: none"> - Hygiene - Different - Similar - Teats - Udder 	<ul style="list-style-type: none"> - Vagina - Penis - Lifecycle - Testicles - Nipple - Breasts
Lower KS2	Words included above and: <ul style="list-style-type: none"> - Womb - Body change - Puberty - Vagina - Pubic hair 	<ul style="list-style-type: none"> - Touch - Personal space - Family - Breasts - Sperm - Egg (ovum)
Upper KS2	Words included above and: <ul style="list-style-type: none"> - Puberty - Physical changes - Emotional changes - Period/ menstruation - Reproduction - Uterus - Relationship - Positive and negative relationship - Friendship - Touching - sexual touching 	<ul style="list-style-type: none"> - Pubic hair - Erections - Wet dreams - Fallopian tube - Sexual intercourse - Fertilized - Personal information - Keeping safe - Communication - Pregnancy

The correct terminology will be used throughout the school in regards to the vast differences in relationships e.g. heterosexual, homosexual, gay, lesbian, bisexual, same sex etc.

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