



# PANSHANGER PRIMARY SCHOOL

Headteacher: Mrs Sarah Holt BEd (Hons).

24<sup>th</sup> April 2023

Dear Parents and Carers

## RSE (relationship and sex education) Teaching

In line with Hertfordshire's recommended scheme of work for Personal, Social and Health Economic (PSHE) education, new DFE regulations and as part of the school's Health Education Programme, this term your child will receive relationship and sex education (RSE) lessons.

Nowadays, there is a vast amount of information about relationships and sex on the internet, on TV and in magazines, which children and young people are exposed to. This can sometimes make an already confusing time seem even more complicated.

If students are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adulthood with the confidence and knowledge to understand what is happening to them and hopefully grow into confident and healthy adults, able to make positive choices.

The children may come home and have questions / want to discuss the information shared during these sessions. So that you are aware of the type of discussions that may take place, we have included a list of specific, correct language that will be used within these sessions.

Further information can be found on the school website where the specifics for year groups are set out, both in the Jigsaw overview and the PSHE policy:

<https://panshanger.herts.sch.uk/curriculum/pshe/>

The school is committed to working in partnership with parents and is keen to share with you the RSE policy and resources. Please contact your child's teacher or Mrs Reed (SENDCO/DSP and PSHE Coordinator) if you require any further information.

Thank you for your co-operation.

Mrs Holt

Mrs Reed

Headteacher

Deputy Head / SENDCo / DSP

Panshanger Primary School

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Hertfordshire County Council



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working in partnership to promote excellence in teacher education



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Year group	Vocabulary	
Foundation Stage	<ul style="list-style-type: none"> <li>- Boy</li> <li>- Girl</li> <li>- Routine</li> <li>- Clean</li> </ul>	<ul style="list-style-type: none"> <li>- Washing</li> <li>- Family</li> <li>- Differences</li> </ul>
KS1	Words included above and: <ul style="list-style-type: none"> <li>- Hygiene</li> <li>- Similar</li> <li>- Teats</li> <li>- Udder</li> <li>- Vagina</li> </ul>	<ul style="list-style-type: none"> <li>- Penis</li> <li>- Lifecycle</li> <li>- Testicles</li> <li>- Nipple</li> <li>- Breasts</li> </ul>
Lower KS2	Words included above and: <ul style="list-style-type: none"> <li>- Womb</li> <li>- Body change</li> <li>- Puberty</li> <li>- Pubic hair</li> </ul>	<ul style="list-style-type: none"> <li>- Touch</li> <li>- Personal space</li> <li>- Family</li> <li>- Sperm</li> <li>- Egg (ovum)</li> </ul>
Upper KS2	Words included above and: <ul style="list-style-type: none"> <li>- Physical changes</li> <li>- Emotional changes</li> <li>- Period/menstruation</li> <li>- Reproduction</li> <li>- Uterus</li> <li>- Relationship</li> <li>- Positive and negative relationship</li> <li>- Friendship</li> <li>- Touching - sexual touching</li> </ul>	<ul style="list-style-type: none"> <li>- Erection</li> <li>- Wet dreams</li> <li>- Fallopian tube</li> <li>- Sexual intercourse</li> <li>- Fertilized</li> <li>- Personal information</li> <li>- Keeping safe</li> <li>- Communication</li> <li>- Pregnancy</li> </ul>

The correct terminology will be used throughout the school regarding the vast differences in relationships e.g., heterosexual, homosexual, gay, lesbian, bisexual, same sex, etc.

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