



PANSHANGER PRIMARY SCHOOL

Headteacher: Mr Ben Longland BEd (Hons) NPQH

3rd May 2024

Dear Parents and Carers

RSE (relationship and sex education) Teaching

In line with Hertfordshire's recommended scheme of work for Personal, Social and Health Economic (PSHE) education, new DFE regulations and as part of the school's Health Education Programme, this term your child will receive relationship and sex education (RSE) lessons.

Nowadays, there is a vast amount of information about relationships and sex on the internet, on TV and in magazines, which children and young people are exposed to. This can sometimes make an already confusing time seem even more complicated.

If students are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adulthood with the confidence and knowledge to understand what is happening to them and hopefully grow into confident and healthy adults, able to make positive choices.

The children may come home and have questions / want to discuss the information shared during these sessions. So that you are aware of the type of discussions that may take place, we have included a list of specific, correct language that will be used within these sessions.

Further information can be found on the school website where the specifics for year groups are set out, both in the Jigsaw overview and the PSHE policy:

<https://panshanger.herts.sch.uk/curriculum/pshe/>

The school is committed to working in partnership with parents and is keen to share with you the RSE policy and resources. Please contact your child's teacher or Mrs Reed (SEND/Co/DSP and PSHE Coordinator) if you require any further information.

Thank you for your co-operation.

Mr Longland
Headteacher

Mrs Reed
Deputy Head / SENDCo / DSP

Panshanger Primary School

Daniells, Welwyn Garden City, Herts. AL7 1QY Tel: 01707 328846 Email: admin@panshanger.herts.sch.uk

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Year group	Vocabulary	
Foundation Stage	<ul style="list-style-type: none"> - Boy - Girl - Routine - Clean 	<ul style="list-style-type: none"> - Washing - Family - Differences
KS1	Words included above and: <ul style="list-style-type: none"> - Hygiene - Similar - Teats - Udder - Vagina 	<ul style="list-style-type: none"> - Penis - Lifecycle - Testicles - Nipple - Breasts
Lower KS2	Words included above and: <ul style="list-style-type: none"> - Womb - Body change - Puberty - Pubic hair 	<ul style="list-style-type: none"> - Touch - Personal space - Family - Sperm - Egg (ovum)
Upper KS2	Words included above and: <ul style="list-style-type: none"> - Physical changes - Emotional changes - Period/menstruation - Reproduction - Uterus - Relationship - Positive and negative relationship - Friendship - Touching - sexual touching 	<ul style="list-style-type: none"> - Erection - Wet dreams - Fallopien tube - Sexual intercourse - Fertilized - Personal information - Keeping safe - Communication - Pregnancy

The correct terminology will be used throughout the school regarding the vast differences in relationships e.g., heterosexual, homosexual, gay, lesbian, bisexual, same sex, etc.

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